

1979 Region 3A Girls-- Saturday, May 26, 1979 at Southwest State University, Marshall

Teams: Redwood Falls 64, Tracy 42, Dawson-Boyd 34, Sleepy Eye 31, Bellingham 30, Lamberton 25, Benson 23, Lake Benton 22.3, Madison 21, Granite Falls 18, Morton 17, Appleton 14, K-M-S 14, Balaton 12, Milan 12, Tyler 12, Wabasso 12, Hendricks 11, Minneota 10, Olivia 9.3, Lynd 5, Montevideo 4, Ortonville 3, Morgan 2, Canby 2, Russell 2, Danube 2, Springfield 1.3

100 Yard Dash

- 1 Lori Formo, GF 11.6
- 2 Julie Wik, Mil 11.6
- 3 Barb Mix, Tra 11.7
- 4 Lesa Milton, Hen 11.8

220 Yard Dash

- 1 Patricia Angermeyer, Morg 26.4
- 2 Janet Bakken, GF 26.7
- 4 Carol Sch, Tra 27.1

440 Yard Dash

- 1 Barb Mix, Tra 61.7
- 2 Sherri Johnson, SE 63.5
- 3 Dari Goerke, Mad 64.0
- 4 Caroline Muller, Hen 64.2
- 5 Julie Aune, Hen 64.3

880 Yard Run

- 1 Mary Gorter, LB 2:27.0
- 2 Mary Kay Schumacher, SE 2:28.1
- 3 Roxanne Erhardt, Ben 2:29.2

One Mile Run

- 1 Joan Hopfenspirger, RF 5:13.7
- 2 Mary Jennings, Lam 5:35.6
- 3 Margaret Rabsey, Min 5:37.6
- 4 Dori Maeyser, Lyn 5:47.6
- 6 Colleen Knutseon, Hen 5:56.1

Two Mile Run

- 1 Kristin Asp, Lam 11:45.0 **
- 2 Laurie Fjerkenstad, D-B 12:46.4
- 5 Deidre Citrowske, Can 13:28.1
- 6 Joni Holm, Lyn 13:34.8

110 Yard Low Hurdles

- 1 Sandy Prah, RF 15.0
- 2 Suzanne Johnson, K-M-S 15.4
- 3 Cheryl Beltrand, SE 16.2
- 4 Lori Buysee, Min 16.3

180 Yard Low Hurdles

- 1 Cindy Rademacher, Bel 24.5
- 2 Sandy Prah, RF 24.7
- 3 Ellen Connelly, Ben 25.4
- 4 Annette Coil, Mont
- 5 Kay Bressler, LB 25.8

440 Yard Relay

- 1 Madison 51.9 (Hagen, Carlson, Stamp, Goerke)
- 2 Tyler 52.2
- 3 Tracy 52.6

880 Yard Relay

- 1 Bellingham 1:50.9
- 3 Tracy 1:52.0
- 4 Tyler 1:52.1

One Mile Relay

- 1 Tracy 4:20.1
- 2 Redwood Falls 4:24.6

Long Jump

- 1 Kay Bressler, LB 17-9
- 2 Sandy Prah, RF 16-8
- 3 Rose Pilatzki, D-B 16-6.25
- 6 Monica Polesky, SE 16-2.5

High Jump

- 1 Melissa Eckhoff, Ben 5-4.25
- 2 Kathy Schultz, Ba 5-0
- 5 Becky Johnson, Russ 4-10
- 6 Brenda Kinnerr, LB 4-8

Shot Put

- 1 Kim Brennan, RF 40-5
- 2 Hallie Feil, Oli 36-11.5
- 3 Yvette Lindquist, D-B 36-0.5

Discus

- 1 Terry Dahlem, App 114-5
- 2 Shari Remus, SE 113-7
- 3 Yvette Lindquist, D-B 100-11
- 4 Kathy Schultz, Ba 98-9

** Meet Record

Notes: Redwood Falls was coached by Kris Nelson.